



| MAANDAG | | | | | | DINSDAG | | | | | | WOENSDAG | | | | | | DONDERDAG | | | | | | VRIJDAG | | | | | | | | | | |
|---------|-------|---|---|---|---|---------|-------|-------|---|---|---|----------|--------|-------|-------|---|---|-----------|---|--------|-------|-------|---|---------|---|-------|--------|-----|-----|---|---|---|---|--------|
| van | tot | 1 | 2 | 3 | 4 | veld 3 | van | tot | 1 | 2 | 3 | 4 | veld 3 | van | tot | 1 | 2 | 3 | 4 | veld 3 | van | tot | 1 | 2 | 3 | 4 | veld 3 | van | tot | 1 | 2 | 3 | 4 | veld 3 |
| 15:00 | 15:15 | | | | | | 15:00 | 15:15 | | | | | | 15:00 | 15:15 | | | | | | 15:00 | 15:15 | | | | 15:00 | 15:15 | | | | | | | |
| 15:15 | 15:30 | | | | | | 15:15 | 15:30 | | | | | | 15:15 | 15:30 | | | | | | 15:15 | 15:30 | | | | 15:15 | 15:30 | | | | | | | |
| 15:30 | 15:45 | | | | | | 15:30 | 15:45 | | | | | | 15:30 | 15:45 | | | | | | 15:30 | 15:45 | | | | 15:30 | 15:45 | | | | | | | |
| 15:45 | 16:00 | | | | | | 15:45 | 16:00 | | | | | | 15:45 | 16:00 | | | | | | 15:45 | 16:00 | | | | 15:45 | 16:00 | | | | | | | |
| 16:00 | 16:15 | | | | | | 16:00 | 16:15 | | | | | | 16:00 | 16:15 | | | | | | 16:00 | 16:15 | | | | 16:00 | 16:15 | | | | | | | |
| 16:15 | 16:30 | | | | | | 16:15 | 16:30 | | | | | | 16:15 | 16:30 | | | | | | 16:15 | 16:30 | | | | 16:15 | 16:30 | | | | | | | |
| 16:30 | 16:45 | | | | | | 16:30 | 16:45 | | | | | | 16:30 | 16:45 | | | | | | 16:30 | 16:45 | | | | 16:30 | 16:45 | | | | | | | |
| 16:45 | 17:00 | | | | | | 16:45 | 17:00 | | | | | | 16:45 | 17:00 | | | | | | 16:45 | 17:00 | | | | 16:45 | 17:00 | | | | | | | |
| 17:00 | 17:15 | | | | | | 17:00 | 17:15 | | | | | | 17:00 | 17:15 | | | | | | 17:00 | 17:15 | | | | 17:00 | 17:15 | | | | | | | |
| 17:15 | 17:30 | | | | | | 17:15 | 17:30 | | | | | | 17:15 | 17:30 | | | | | | 17:15 | 17:30 | | | | 17:15 | 17:30 | | | | | | | |
| 17:30 | 17:45 | | | | | | 17:30 | 17:45 | | | | | | 17:30 | 17:45 | | | | | | 17:30 | 17:45 | | | | 17:30 | 17:45 | | | | | | | |
| 17:45 | 18:00 | | | | | | 17:45 | 18:00 | | | | | | 17:45 | 18:00 | | | | | | 17:45 | 18:00 | | | | 17:45 | 18:00 | | | | | | | |
| 18:00 | 18:15 | | | | | | 18:00 | 18:15 | | | | | | 18:00 | 18:15 | | | | | | 18:00 | 18:15 | | | | 18:00 | 18:15 | | | | | | | |
| 18:15 | 18:30 | | | | | | 18:15 | 18:30 | | | | | | 18:15 | 18:30 | | | | | | 18:15 | 18:30 | | | | 18:15 | 18:30 | | | | | | | |
| 18:30 | 18:45 | | | | | | 18:30 | 18:45 | | | | | | 18:30 | 18:45 | | | | | | 18:30 | 18:45 | | | | 18:30 | 18:45 | | | | | | | |
| 18:45 | 19:00 | | | | | | 18:45 | 19:00 | | | | | | 18:45 | 19:00 | | | | | | 18:45 | 19:00 | | | | 18:45 | 19:00 | | | | | | | |
| 19:00 | 19:15 | | | | | | 19:00 | 19:15 | | | | | | 19:00 | 19:15 | | | | | | 19:00 | 19:15 | | | | 19:00 | 19:15 | | | | | | | |
| 19:15 | 19:30 | | | | | | 19:15 | 19:30 | | | | | | 19:15 | 19:30 | | | | | | 19:15 | 19:30 | | | | 19:15 | 19:30 | | | | | | | |
| 19:30 | 19:45 | | | | | | 19:30 | 19:45 | | | | | | 19:30 | 19:45 | | | | | | 19:30 | 19:45 | | | | 19:30 | 19:45 | | | | | | | |
| 19:45 | 20:00 | | | | | | 19:45 | 20:00 | | | | | | 19:45 | 20:00 | | | | | | 19:45 | 20:00 | | | | 19:45 | 20:00 | | | | | | | |
| 20:00 | 20:15 | | | | | | 20:00 | 20:15 | | | | | | 20:00 | 20:15 | | | | | | 20:00 | 20:15 | | | | 20:00 | 20:15 | | | | | | | |
| 20:15 | 20:30 | | | | | | 20:15 | 20:30 | | | | | | 20:15 | 20:30 | | | | | | 20:15 | 20:30 | | | | 20:15 | 20:30 | | | | | | | |
| 20:30 | 20:45 | | | | | | 20:30 | 20:45 | | | | | | 20:30 | 20:45 | | | | | | 20:30 | 20:45 | | | | 20:30 | 20:45 | | | | | | | |
| 20:45 | 21:00 | | | | | | 20:45 | 21:00 | | | | | | 20:45 | 21:00 | | | | | | 20:45 | 21:00 | | | | 20:45 | 21:00 | | | | | | | |
| 21:00 | 21:15 | | | | | | 21:00 | 21:15 | | | | | | 21:00 | 21:15 | | | | | | 21:00 | 21:15 | | | | 21:00 | 21:15 | | | | | | | |
| 21:15 | 21:30 | | | | | | 21:15 | 21:30 | | | | | | 21:15 | 21:30 | | | | | | 21:15 | 21:30 | | | | 21:15 | 21:30 | | | | | | | |
| 21:30 | 21:45 | | | | | | 21:30 | 21:45 | | | | | | 21:30 | 21:45 | | | | | | 21:30 | 21:45 | | | | 21:30 | 21:45 | | | | | | | |
| 21:45 | 22:00 | | | | | | 21:45 | 22:00 | | | | | | 21:45 | 22:00 | | | | | | 21:45 | 22:00 | | | | 21:45 | 22:00 | | | | | | | |

| TEAM | Aantal Teams | Start 1 halve | Start 2 halve |
|-------|--------------|---------------|---------------|
| jo19 | 3 | 11 tegen 11 | 3 |
| jo17 | 5 | 11 tegen 11 | 3 |
| jo15 | 5 | 11 tegen 11 | 3 |
| jo13 | 3 | 11 tegen 11 | 3 |
| jo12 | 4 | 8 tegen 8 | 2 |
| jo11 | 4 | 8 tegen 8 | 2 |
| jo10 | 4 | 6 tegen 6 | 2 |
| jo9 | 4 | 6 tegen 6 | 2 |
| jo8 | 3 | 6 tegen 6 | 2 |
| jo6-7 | | | |

| OPENEN EN SLUITEN TERREIN | | | |
|---------------------------|-----------------|---------|-----------------|
| Maandag | Openen | Sluiten | |
| Dinsdag | Daan Daniels | 22:15 | Daan Daniels |
| Woensdag | Jesper Knoop | 22:30 | Joris Spijkstra |
| Donderdag | Daan Daniels | 22:00 | Hidde Dottinga |
| Vrijdag | Joris Spijkstra | 22:15 | Carlo Serra |
| | Dick Brouwer | 23:00 | Perry Daj |

OPLEIDINGSVERANTWOORDELIJKE GERT SLOMP

| | | |
|--------|-------------|---------------------------------|
| JO19-1 | Gert Slomp | Jesper Knoop |
| JO19-2 | Carlo Serra | Leeroy Langius / Henk Jan Pronk |
| JO19-3 | Rik Reinsma | |

| | | |
|--------|------------------|-------------------------|
| JO17-1 | Daan Daniels | Jesper Knoop (training) |
| JO17-2 | Joris Spijkstra | Marc Wiersma |
| JO17-3 | Hidde Dottinga | Sjoerd Schrichte |
| JO17-4 | Bradley Steensma | |

| | | |
|--------|--------------------|--------------|
| JO15-1 | Rik Reinsma | Tom Brandsma |
| JO15-2 | Jauke Holthuis | |
| JO15-3 | Jens Knoop | |
| JO15-4 | Diederik Schrichte | |

Bekend is dat er 3 trainers op de twee selectie-teams staan voor de leeftijd JO19 t/m JO13. De hoofd-trainer van het eerste elftal van de betreffende leeftijdscategorie is verantwoordelijk voor trainings-opbouw en coördinatie van de trainingen van beide selectie-teams.

Bekend is dat er 2 trainers op de twee selectie-teams staan voor de leeftijd JO12 t/m JO8. De trainer van het eerste elftal van de betreffende leeftijdscategorie is verantwoordelijk voor trainings-opbouw en coördinatie van de trainingen van beide selectie-teams.

OPLEIDINGSVERANTWOORDELIJKE DAAN DANIELS

| | | |
|--------|------------------|-------------------|
| JO13-1 | Mats Landmeter | Aaron Brouwer |
| JO13-2 | Bradley Steensma | Carniel Gerritsen |
| JO13-3 | Jelle Tekstra | Remco vd Kooy |

| | | |
|--------|-----------------------|-----------------------|
| JO12-1 | Klaas Kampen | Jort Dikkboom |
| JO12-2 | Carniel Gerritsen (m) | Bradley Steensma (do) |
| JO12-3 | Sven Ewen(ma) | Brian Visser(wo) |
| JO12-4 | Lourens Meter(ma) | Niek Nolten(wo) |

| | | |
|--------|-------------------|----------------------|
| JO11-1 | Joris Spijkstra | |
| JO11-2 | Colin Toebak | Tristan Bron |
| JO11-3 | Rik Jongstra | Ruben vd Zee |
| JO11-4 | Karsten Drent | Th Boogaard(do) |
| JO11-5 | Remco Tadmia (dl) | Jimite Speelman (do) |

| | | |
|----|-----------------|-----------------|
| LS | Jurre vd Horst | Maurice Eppinga |
| LS | Wouter vd Horst | Victor Andringa |
| LS | Jesper vd Sluis | Jurre Mulman |
| LS | Jasper Westera | |

SENIOREN AFDELING

| | | |
|--------|--------------------------|-----------------|
| JO10-1 | Jesper Knoop (training)* | |
| JO10-2 | Jorrit Piekstra | |
| JO10-3 | Jorn Boomsma | Jorrit Dijkstra |

| | | |
|-------|----------------|----------------|
| JO9-1 | Jens Knoop | |
| JO9-2 | Jocelyn Haasma | |
| JO9-3 | Remco Tadmia | Marc Gronsdma |
| JO9-4 | Luuk de Vries | Jurian Boorsma |

| | | |
|-------|---------------|------------------|
| JO8-1 | Per Eggens | |
| JO8-2 | Sven Ewen(ma) | Brian Visser(wo) |
| JO8-3 | Wytse Tjalsma | Chris Bakker |

| | | |
|----|-----------------|-----------------|
| LS | Jurre vd Horst | Maurice Eppinga |
| LS | Wouter vd Horst | Victor Andringa |
| LS | Jesper vd Sluis | Jurre Mulman |
| LS | Jasper Westera | |

OPLEIDINGSVERANTWOORDELIJKE

| | | |
|-------|---------------------|------------|
| LSC-1 | Erik van der Meulen | Gert Slomp |
| LSC-2 | Jente Bootsma | NVT |
| LSC-3 | Allardus Idzinga | NVT |
| LSC-4 | Carlo Serra | NVT |
| LSC-5 | NVT | NVT |
| LSC-6 | NVT | NVT |

- UITGANGSPUNEN TRAININGSINDELING**
- JC DB heeft regie (selectie en JO19/JO17/Medien)
 - Trainer JO19-1 regelt trainers voor JO15 teams
 - Trainer JO17-1 regelt trainers voor JO13 - JO12 teams
 - Trainer JO15-1 regelt trainers voor JO11 - JO10 teams
 - Trainer JO13-1 regelt trainers voor JO9&LS
 - JO Selecties : trainer met minimaal TC3 of in opleiding

| | | |
|----|-------------|---------------------------------|
| Di | 19:30-20:15 | Casper Lemke |
| Wo | 18:00-18:45 | Louis Slippens |
| Wo | 19:30-20:15 | Erwin de Boer / Joris Spijkstra |
| Do | 19:30-20:15 | Herald Nauta |

| | | |
|----|-------------|---------------------------------|
| Di | 19:30-20:15 | Casper Lemke |
| Wo | 18:00-18:45 | Louis Slippens |
| Wo | 19:30-20:15 | Erwin de Boer / Joris Spijkstra |
| Do | 19:30-20:15 | Herald Nauta |

Probleem

Evaluatie half jaar

Ambitie volgend seizoen